



User Guide

ATTENTION

Read entire user guide before forming your FLUGZ earplugs.

Noise Reduction Rating **21** DECIBELS
(WHEN USED AS DIRECTED)

THE RANGE OF NOISE REDUCTION RATINGS FOR EXISTING HEARING PROTECTORS IS APPROXIMATELY 0 TO 30 (HIGHER NUMBERS DENOTE GREATER EFFECTIVENESS)

One Off, LLC, Naples, FL 34110 **FLUGZ**

Federal law prohibits removal of this label prior to purchase

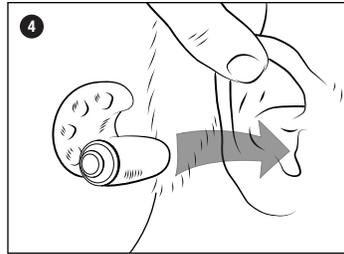
EPA LABEL REQUIRED BY U.S. E.P.A. REGULATION 40CFR PART 211, Subpart B



3. WARM FLUGZ

Pour the hot water out of the cup. The earplug will be wet and slightly tacky. Carefully remove the earplug and hold it by the lanyard post. Blow off the excess water before inserting into ear.

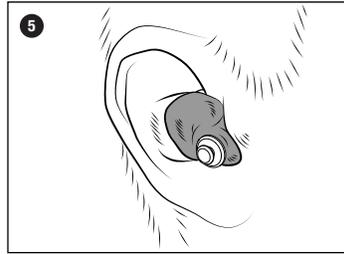
Note: The FLUGZ earplug material will slightly deform and lose some of its original shape when heated. This is normal.



4. INSERTING FLUGZ EARPLUG

To insert the FLUGZ earplug, reach over your head and pull up on your RIGHT ear with your LEFT hand. Open your jaw. While holding the RIGHT (RED) earplug by the lanyard post with your RIGHT hand, insert the earplug into your ear canal. Press on the lanyard post to help guide the earplug into your ear canal. Once the earplug is in your ear canal, let go of your RIGHT ear and close your jaw and IMMEDIATELY move to STEP 5.

Note: Illustration shows the RIGHT ear. Orient the FLUGZ earplug as shown, with the curved portion oriented UP.



5. FORMING FLUGZ EARPLUG

Once the earplug is inserted into your ear canal, continue to press and mold to your ear lobe as shown. Once you feel the earplug is formed, hold in place for 30 seconds. Let the earplug cool in your ear for an additional 90 seconds.

Note: The molded ear plug will take on the shape of your ear and will no longer have the original shape or appearance.

Individual and Summary Attenuation for Hearing Protective Devices
Test Method: ANSI S3. 19-1974 Model: FLUGZ Position: Insert Date: 1/16/2015

Frequency in HERTZ	125	250	500	1000	2000	3150	4000	6300	8000
MEANS	24.8	22.8	26.0	27.6	36.0	37.3	38.5	39.4	36.4
STD. DEV.	4.1	2.7	4.9	3.6	4.3	3.8	3.4	4.2	4.8

PACKAGE CONTENTS

- 1 X Microwave safe cup
- 1 X Right FLUGZ earplug
- 1 X Left FLUGZ earplug
- 1 X Lanyard

To learn more, visit us at: FLUGZ.com

Please send questions and comments to: Info@FLUGZ.com

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FORMING INSTRUCTIONS

ATTENTION
Recommended for ages 12 and up. Form earplugs to your own ear, do not attempt to insert and form earplugs on another person's ear.

PRO TIP
If this is your first time forming a pair of FLUGZ earplugs, we recommend forming **one earplug at a time** so the second one does not cool while you form the first earplug.

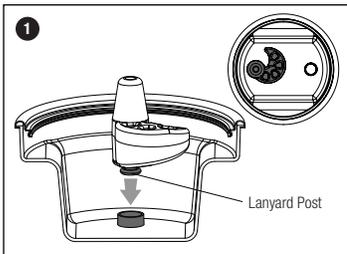
UP

BLACK – LEFT RED – RIGHT

1. OPEN & PREP

Peel open, remove and throw away metal lid. Secure one FLUGZ earplug by inserting the lanyard post into the holder on the bottom of the cup. This will ensure it is heated evenly in the microwave.

Note: The metal rim on the cup is microwave safe.

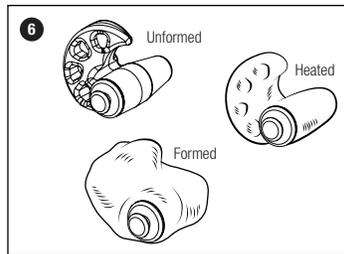
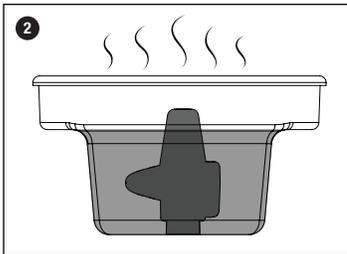


2. HEATING

With only one earplug inserted in the microwave safe cup, fill the cup up to the ledge with room temperature water.

Microwave uncovered on HIGH for 30 seconds.

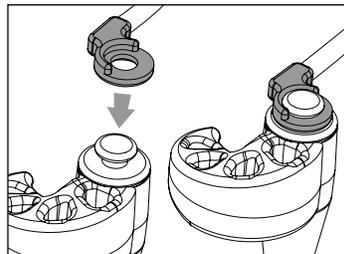
Caution: DO NOT microwave the earplugs by themselves without water.



6. COOLING FLUGZ EARPLUG

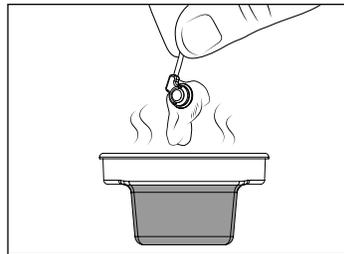
Remove the FLUGZ earplug from your ear and let cool for an additional 5 minutes before placing back into your ear. Continue STEP 1-6 for the opposite earplug.

Note: If you can still see the original indentions from the unformed earplug, it may not have been formed well enough to your ear. Move on to the re-heating instructions if you feel you need to try forming the earplug again.



LANYARD INSTRUCTIONS

Press the lanyard loop directly down onto the lanyard post of the FLUGZ earplug, twisting back and forth slightly.



RE-FORMING INSTRUCTIONS

If you are no longer getting a perfect fit, you can re-heat and re-form the earplugs as often as necessary. Fill the microwave safe cup up to the ledge with water and microwave uncovered for 30 seconds WITHOUT the earplugs in the cup. Using the lanyard, dip an earplug into the hot water for 10-15 seconds. This will heat and soften the outer material enough to reform to your ear. You may need to mold the material slightly if it has been pressed away from the core. Blow off the excess water and reform to your ear.